

“Helping Every Baby Sleep Safer”

is our tagline. By educating all care-givers about our infant safe sleep guidelines, adopted from the American Academy of Pediatrics, Cribs for Kids’ goal of helping all babies celebrate their first birthdays will be realized.

Safe Sleep Video



Find a Crib Provider



Pack and Play Instructions



Eligibility Requirements

- **Must be eligible for WIC**
- **If pregnant, must be 32 weeks or more or**
- **Have an infant less than 1 year of age and weigh less than 30 pounds**
- **Parents who live in separate homes**
- **Low-income, as defined as less than 200% FPL**
- **Twins and multiple births**

**Trumbull County Combined
Health District
194 West Main Street**



www.facebook.com/trumbullpublichealth

https://x.com/trumbull_health

<https://instagram.com/t.c.combinedhealthdistrict>



What is Cribs for Kids?

Since 1998, Cribs for Kids has been making an impact on the rates of babies dying of accidental, sleep –related deaths due to unsafe sleeping environments. Cribs for Kids educates parents and caregivers on the importance of practicing safe sleep for infants, and provides Graco Pack ‘n Play portable cribs and a Safe Sleep Survival Kit to families who, otherwise, cannot afford a safe place for their babies to sleep.

Through funding made available by the ODH, the Trumbull County Combined Health District has partnered with Cribs for Kids for those families who are in need of a safe place for baby to sleep. To receive a “Survival Kit” the family must meet the following requirements: 1) Family must be WIC eligible; 2) the Infant is less than one year old and less than 30 pounds: or Mother is at least 32 weeks pregnant. Classes are being held twice a month.

**Please call for more information
or an appointment at 330-675-
2489 option 3**



Sudden Infant Death (SIDS)

- SIDS is the leading cause of death in babies 1 month to 1 year of age.
- Most SIDS deaths happen when babies are between 1 months and 4 months.
- Each year, about 4,000 infants dies unexpectedly during sleep time, from SIDS, accidental suffocation, or unknown causes.

Sudden Unexpected Infant Death (SUID)

- Sudden infant death syndrome.
- Accidental suffocation. In a sleeping environment.
- Other deaths from unknown causes.

Keep Your baby safe!

- Baby sleeps by him or herself in a crib, portable crib or bassinet.
- Always put baby to sleep on his or her back even when he can roll over.
- Keep sleep area clear– no pillows, blankets, comforters, stuffed animals, or other soft items.
- Keep baby’s face uncovered during sleep for easy breathing. Use a sleeper instead of a blanket.
- Don’t allow anyone to smoke anything around baby.
- Don’t overheat the baby. Dress the baby in as much or as little clothing as you are wearing.
- Use a firm mattress with a tightly fitted sheet.
- Talk to grandparents, babysitters, and anyone who cares for your baby about the safest way for your baby to sleep.